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Date: Wednesday, 01 June 2022

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Dear Member

HEALTH AND WELLBEING BOARD - THURSDAY, 9 JUNE 2022

I am now able to enclose, for consideration at the Thursday, 9 June 2022 meeting of the Health and Wellbeing Board, the following reports that were unavailable when the agenda was printed.

Agenda No	Item	Page
7.	Joint Health and Wellbeing Strategy 2022-26	(Pages 2 - 29)
8.	Outturn Report on Joint Health & Wellbeing Strategy 2018-22	(Pages 30 - 35)

Yours sincerely

Governance Support
Clerk

Title: Torbay Joint Health and Wellbeing Strategy
Wards Affected: All
To: Health and Wellbeing Board **On:** 9 June 2022
Contact: **Julia Chisnell**
Email: Julia.Chisnell@Torbay.gov.uk

1. Purpose

This paper sets out the results of public consultation and includes the post consultation draft of the Joint Health and Wellbeing Strategy for endorsement.

2. Recommendation

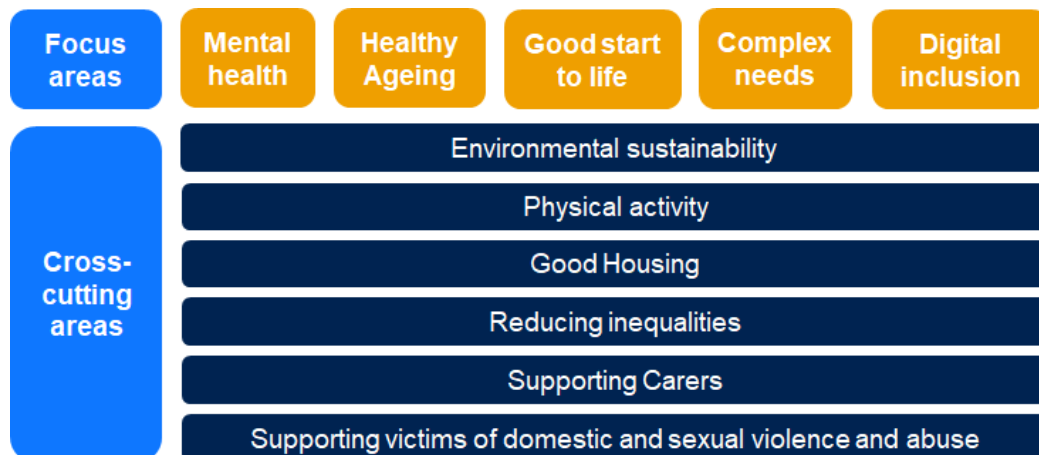
Members are asked to note responses to consultation and endorse the post consultation draft of the Strategy.

3. Supporting Information

The Joint Health and Wellbeing Strategy is a statutory requirement for all upper tier local authorities and represents the priorities and work programme of the Health and Wellbeing Board. This refresh covers the timeframe 2022 – 2026.

The Strategy sets out five areas of focus and six cross-cutting areas against which progress will be reviewed quarterly by the Board.

The priority and cross-cutting areas reflect those areas identified in the June and September 2021 Health and Wellbeing Board workshops.



Public consultation on the draft Strategy was undertaken between 4 April – 16 May 2022.

Response to consultation

Overview of demographic data

The vast majority of people who responded to the public consultation are white and live in Torbay. Most respondents were either working full time or retired; a few respondents were working part-time or self-employed.

The age distribution of respondents largely corresponds to the population profile of Torbay, with many respondents being older and retired.

Figure 1 Where do people responding to the population live?

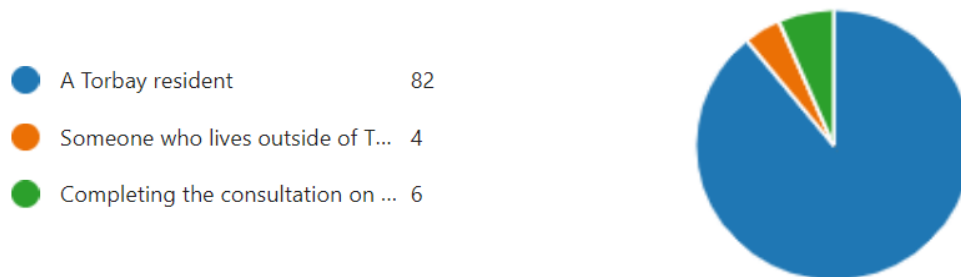


Figure 2 What age were respondents?

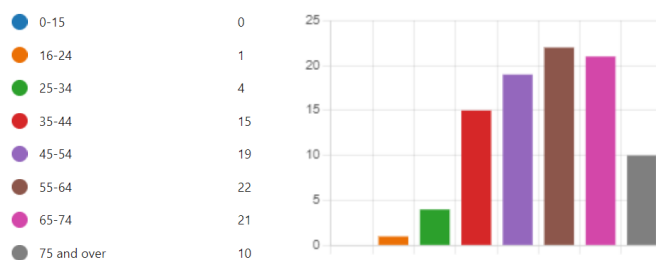


Figure 3 What was respondents' employment status?

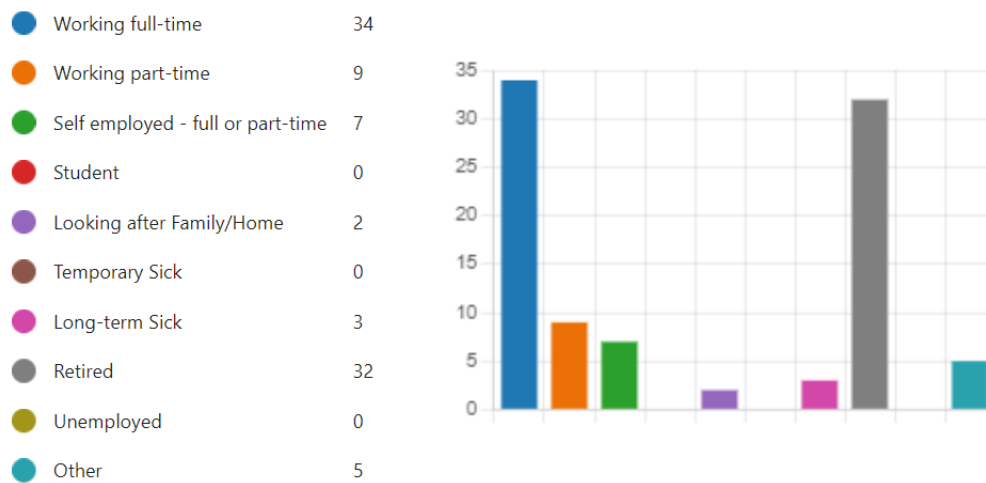
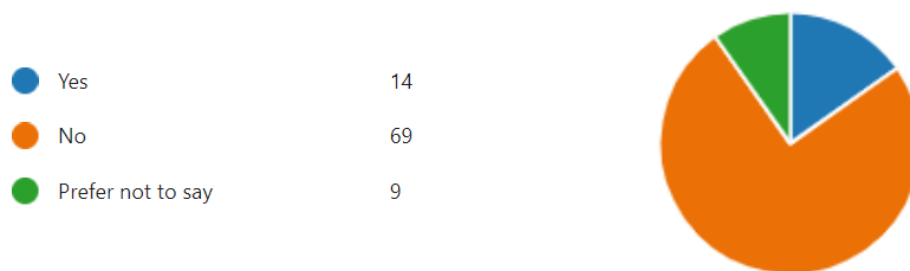


Figure 4 Did respondents consider themselves as disabled?

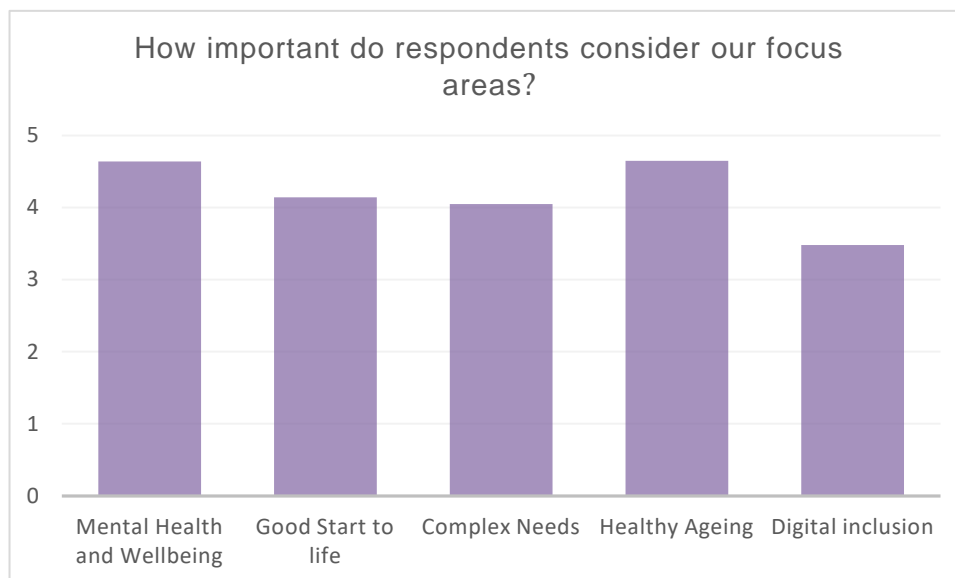


Feedback on focus areas

The chart below gives an average for each priority area against a scale of 1-5.

The focus areas that received the most comments were Mental Health and Wellbeing and Healthy Ageing, which were also rated as the most important by respondents. Fewer people commented on Good start to life, Complex Needs and Digital inclusion. It is also important to note that people who were digitally excluded may not have equal opportunity to feed back on the Health and Wellbeing Strategy, even though efforts were undertaken to spread the word for this consultation and provide paper copies of the consultation questionnaire through our partners.

Figure 5 How important do respondents consider our focus areas?



One comment received under a number of the headings was a lack of awareness of what is available to support health and wellbeing and the need for more help to navigate and access health and care systems.

The section below provides insight into the themes emerging from the public consultation under each priority area.

Mental Health and Wellbeing

The most important points in this section relate to people feeling isolated and unable to access to the help they feel they need.

People reported long waiting times to be seen by specialists, a lack of support for mild to moderate mental health issues. They asked for more transparency on waiting times and more clarity about the services (including voluntary sector services) on offer, as people felt finding information on what is available quite difficult.

Themes	Example quotes
General availability of support	“Fundamental to get mental health and wellbeing at the centre of what is happening within Torbay. I’m not sure that the current lip service and box ticking exercises actually make any difference to people in the bay.”
Support for mild and moderate mental health problems	““There is little support for people struggling but just coping with poor mental health”
Cost of support	“Feel that there is not enough free support to services, particularly as Torbay is such a low income area. Between Covid and rising costs

	both things will continue to take their toll on the community.”
Holistic approach needed	“Not enough joined up approach to tackle whole families as with any MH issues affects the family”

Suggestions received: (already in the strategy)

- Take a trauma informed approach
- Support carers better

Suggestions received: (additional):

- Also focus on improving community safety as this impacts on mental health
- Promote walking for residents
- Access to sports and leisure facilities
- Access to therapists
- Ability to self-refer to counselling
- Clear mental health pathways and interim interventions while people are on waiting lists
- Providing good, permanent work

Good Start to Life

This section received fewer comments than Mental Health and Wellbeing and Healthy Ageing, which may partly reflect the age profile of the respondents. Many people commented that they felt this was important to support young families, but that they themselves did not have more insight into the problems as they were retired.

Respondents said they would value a family hub system with easily accessible help for young parents on a variety of topics including healthy eating, social workers, and benefit advice.

Some parents wished for some community child groups in the evening or weekend that working parents could join to get to know other parents and families.

Themes	Example quotes
Positive recollections of SureStart	“Bring back something like Sure Start, where local couples can be supported to learn how to become good parents”
Peer support	“More education is required for mums, practical information from women or men who have already raised families and have gone through life experiences”

Publicity and signposting	"[My] Daughter in law is new to the area – we need more advice on where she can go with her new baby"
Issues around transition	"Remember that adolescents need bespoke interventions and do not always fit into the family hub model"
Positive comments	"Already a good service"

Suggestions received:

- Better linking organisations and community groups
- Making access single point and easy so people know where they can go for help
- Providing a universal offer with targeted support for those who need it most
- Better communication between departments

Complex Needs

Again, fewer respondents commented on this focus area. The comments in this section concerned the impact of homelessness on the image of the Bay, or suggesting that more accommodation and support should be made available to tackle homelessness.

Themes	Example quotes
Need for partnership	"People with many challenges are not supported properly. They get passed from adult social care to housing to mental health and they all fight over who will help. The voluntary sector then have to pick up the pieces. Partnership working needs to be better. Trust between organisations is not there enough"
Wider impact	"There needs to be specific intervention to address drug and alcohol dependency/abuse, as this impacts not only on those experiencing it but on the whole of the community..."
Availability of affordable housing	"Homelessness is a big issue in Torbay, I suspect the very high rents being charged by private landlords and the lack of affordable housing is not helping solve this issue."

	“Must reduce homeless need homes not hostels, need job opportunities”
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Suggestions received:

- Join up services across agencies and work with charities
- Provide day centres where people can get cups of tea, showers and rest
- Have soup kitchens/canteens providing free food
- Prohibit second homes while people struggle to find places to live

Healthy Ageing

Healthy ageing was an area respondents commented a lot about. Many comments were focussed around access to face to face appointments with the GP and a perceived lack of quality of care.

Themes	Example quotes
Travel and transport	“Make roads, paths, the hospital grounds, supermarket carparks less bumpy and easier to use a wheelchair.” “[We need] less traffic.” “bus services are poor, there are so many obstacles for people who do not drive cars”
Support for older carers	“I am a carer and need help not to throw in the towel as I age”
Spaces and activities	“Please focus on physical activities e.g. walking groups to allow people to meet new people and have the opportunity to explore Torbay in a group environment.”
Access and signposting	“It can be distressing and confusing for families to navigate what support is available”
Digital inclusion	“Older people need more non technological ways to access help” (also see digital exclusion for this point)
Perceived lack of quality of services	“This is very important. Some care homes don’t look after the people that stay there some of the time. Basic needs must always be met. “

	<p>“Too many of our elderly become institutionalised without being asked what matters to them!”</p> <p>“I need a better system for getting a GP appointment. Having to phone on the day at 8am and wait in a queue to speak with the receptionist is irritating”</p>
Perceptions of age and ageing	<p>“Need to stop stereotypes who says 55 is old?”</p> <p>“Get rid of ageism. Involve the younger generation to help. Keeping things young, allowing the inner child to come out”</p> <p>“We need to change the perception that everyone over the age of seventy has nothing to contribute”.</p> <p>“We need opportunities for aged people to contribute to the people of Torbay.”</p>

Suggestions received:

- Mailshot to every property with information on activities and groups for older people
- Promote healthy food options in cafes and restaurants
- Keep spaces around the city for relaxing and enjoying, not for more houses
- Free disabled car parking spaces
- “Small local hubs for chats, walks, gardening, sheds to fix things, cars, bikes, tools, to pass on skills to younger generation”
- “A new and popular example is the human library where people not books are loaned out. Older people have life experience to share it would be great to support for them to give”

Digital Inclusion

Many people raised difficulties in accessing digital services, either due to lack of financial means, lack of devices, or lack of technological knowledge. Some people raised being offline as a choice and said they would rather see people in person.

Others raised concerns about scammers when engaging with digital services.

It is important to note that people who were digitally excluded were probably less likely to participate in this survey, as most respondents submitted answers through the online route.

Themes	Example quotes
Access to healthcare	“Digital exclusion is an issue particularly in accessing health services”
Choice	“Some people do not want to be digitally connected, even if they have a device and can use it”
Support to access	“Improving digital literacy is important”
Face to face interactions are important	“Digital and health care, are you mad? We need people not IT” “We need to SEE a GP not a phone call without interaction”
Costs of access	“Home Wifi is prohibitively expensive for many people”

Acting on the responses we have received

Some changes have been made to the text of the Strategy (for example the wording of the recommendations around Housing) to reflect comments received.

The majority of responses identify concerns or suggestions relating to individual priority areas. These are being shared with the programme leads to take forward through implementation. They also provide a very helpful beginning to an ongoing engagement with communities about what is important to them, as we work in partnership to improve health and wellbeing across the Bay.

The Health and Wellbeing Board will work together with the Torbay and South Devon Local Care Partnership to develop an engagement strategy that keeps local views and voices at the heart of our work.

Monitoring and ensuring delivery

An outcome framework has been created to monitor delivery of the Strategy. Each priority area is required to report on progress against key indicators to the Health and Wellbeing Board on a six monthly basis. In addition, quarterly ‘spotlight’ workshops will focus in more detail on the cross cutting areas and how all partners are working collaboratively to support delivery.

Publication of the Strategy

The Strategy is scheduled to be endorsed by the Full Council on 21 July 2022 and will then be published in final form.

4. Relationship to Joint Strategic Needs Assessment

4.1 Priorities of the JSNA are reflected in the strategy.

5. Relationship to Joint Health and Wellbeing Strategy

5.1 This paper outlines the revised Joint Health and Wellbeing Strategy 2022-26.

6. Implications for future iterations of the Joint Strategic Needs Assessment and/or Joint Health and Wellbeing Strategy

6.1 As above.

Appendices

Joint Health and Wellbeing Strategy post consultation draft

TORBAY JOINT HEALTH & WELLBEING STRATEGY 2022-26

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Foreword

Local Authorities have a duty to produce a Joint Health and Wellbeing Strategy setting out priorities to address the needs of the population. They do this, in partnership with the NHS, through the Health and Wellbeing Board.

This draft Strategy has been prepared in collaboration with Health and Wellbeing Board partners over the last nine months. The Strategy identifies 5 priorities areas, and 6 cross-cutting areas, which all member organisations feel are critically important for improving the health and wellbeing of Torbay residents.

Importantly, this year we have worked closely with colleagues in the new Integrated Care System, and especially those in the South Devon and Torbay Local Care Partnership, to make sure our priorities are clearly aligned.

The refreshed Torbay Joint Strategic Needs Assessment has also just been published and is available here: <http://www.southdevonandtorbay.info/media/1285/2022-2023-torbay-jsna.pdf>. The Joint Strategic Needs Assessment describes the health and wellbeing needs of our population, and the drivers that influence health and wellbeing, like housing, employment and education.

This Health and Wellbeing Strategy responds to the areas of greatest need:

- children living in challenging circumstances and losing out on educational opportunities
- lack of high quality housing with secure tenure
- people living with poor mental health
- older people experiencing loneliness and isolation.

All of these needs have been exacerbated by the pandemic, and all of them hit our most disadvantaged communities the most.

The draft Health and Wellbeing Strategy seeks to tackle these difficult issues through agencies working together to bring about real, sustainable change.

The draft Strategy was shared for public consultation between 4 April – 16 May 2022.

Responses to consultation were compiled into a summary report for review by the Board, and edits made to the Strategy for this final draft. An online version can be found here: [Joint Health and Wellbeing Strategy 2022-2026 - Torbay Council](#)

Introduction

Healthy people are at the core of healthy societies. Yet health is more than just the absence of disease. The World Health Organisation defines health as “a state of complete physical, mental and social well-being”. When it comes to health, accessible and high quality health care is important, but as little as 10% of a population’s health and wellbeing is linked to access to health care. Many other factors, such as the home and the community we live in, our environment, work, education and money, influence whether we are healthy and happy. It is therefore crucial to address these and create an environment that enables people to be as healthy as they can.

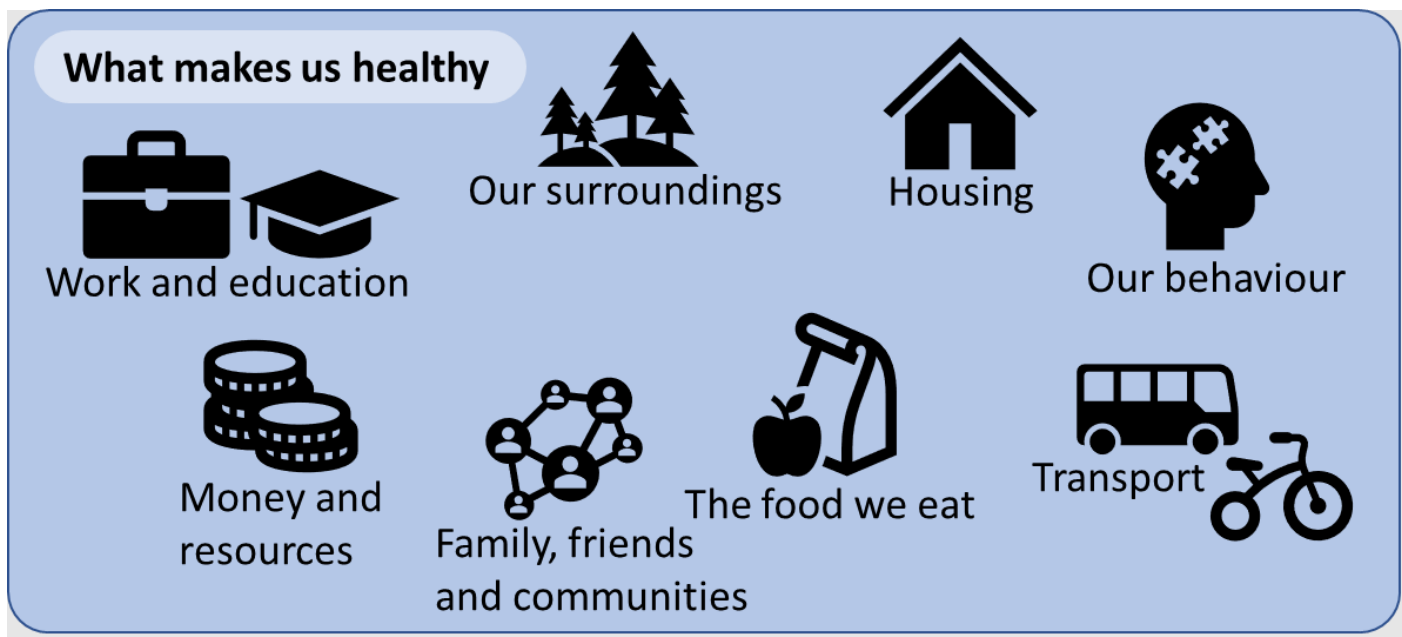


Figure 1 What makes us healthy. Adapted from The Health Foundation

The circumstances in which we live, our daily activities and our social lives affect our physical and mental health and wellbeing. At the same time, having a physical illness or mental health problem can have a significant impact on our social and working lives and our wellbeing.

Everyone in our community should have the opportunity for good health and wellbeing. To increase the health and wellbeing of the people in Torbay we need to work across all sectors and organisations to address the factors that influence these. This Joint Health and Wellbeing Strategy sets out our focus areas and key actions to improve lives in Torbay over the next four years.

Health inequalities

Health inequalities are avoidable, unfair and systematic differences in health between different groups of people that arise because of the conditions in which we grow up and live, the environment or area we live in, the group we belong to or the opportunities we have to lead healthy lives¹.

The Marmot Review first described these differences in health outcomes between different sections of society in 2010 and found people living in the poorest neighbourhoods in England will die several years earlier than people living in the richest neighbourhoods. Poorer people will also

¹ [Health inequalities in a nutshell | The King's Fund \(kingsfund.org.uk\)](https://www.kingsfund.org.uk/publications/health-inequalities-in-a-nutshell)

spend more of their life living with disease or disability². An update of the Marmot review in 2021 showed:

- Improvements in life expectancy stalled in the decade before the pandemic
- There are wide inequalities in health within and between different areas in the UK
- The health gap between wealthy and deprived populations has widened
- People are spending more of their lives living in poor health.³

As highlighted in the Chief Medical Officer for England's Annual Report 2021, coastal communities include many of the most beautiful, vibrant and historically important places in the country. They also have some of the worst health outcomes in England, with low life expectancy and high rates of many major diseases.⁴

To tackle these inequalities, we need to ensure that we not only provide high quality and accessible health care, but that we take note of the factors contributing to good or poor health. This includes supporting people when they need help, making sure children have a good start in life and working towards a thriving society where people can live healthy and happy lives in an environment that supports health and is sustainable for future generations.

The Government's Levelling Up White Paper, published in February 2022, emphasises the need to tackle the drivers of disparity and identifies a series of 'levelling up missions' centring around jobs, housing, skills, education, health, crime, community and wellbeing.⁵ These are reflected in the priority and underpinning areas of our Strategy.

Torbay

Torbay offers a great quality of life for individuals and families, with a great natural environment on the English Riviera, a wide range of outdoor activities, excellent schools and a growing arts and cultural sector. But in common with other coastal communities, Torbay faces major challenges. Some of these are listed below. For more detail consult Torbay Council's Joint Strategic Needs Assessment⁶.

- 1. Our climate is changing.** Torbay is projected to get warmer, wetter winters and hotter, drier summers with more intense storms and rising sea levels. This will affect every area of our lives, from increased mould growth within homes during winter, to more deaths due to severe weather such as storms and heatwaves. We need to reduce our carbon footprint, our impact on the environment and plan for the effects of climate change and environmental breakdown that we cannot prevent.
- 2. Our population is ageing.** As a popular retirement location, our population is older than the national average, with 26% of people over 65 years of age. This means we face increased challenges of ill-health, loneliness and frailty, with a high impact on health and social care. We also need to support our many carers, those family members and friends, who themselves support and ensure independence for our older population, many of whom are themselves older.

² Fair society, healthy lives : the Marmot Review : strategic review of health inequalities in England post-2010. - GOV.UK (www.gov.uk)

³ Health Equity in England: The Marmot Review 10 Years On - IHE (instituteoftheequity.org)

⁴ Chief Medical Officer's Annual Report 2021, Health in Coastal Communities, Available at: [Chief Medical Officer's annual report 2021: health in coastal communities - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

⁵ Levelling up in the United Kingdom White Paper (HM Government) February 2022 [Levelling Up the United Kingdom \(publishing.service.gov.uk\)](http://publishing.service.gov.uk)

⁶ [Joint Strategic Needs Assessment for Torbay 2020-2024](http://www.torbay.gov.uk)

- 3. Inequalities are widening.** There are communities with high levels of deprivation and poor housing in Torbay, with around 1 in 6 children growing up in relative poverty, and few opportunities for young people. Many people in Torbay's tourism industry and care sector are employed on low wages. Many of these businesses have suffered during the COVID-19 pandemic, and this has had a knock-on effect, worsening existing inequalities as the most deprived were hit hardest by the health and economic impacts of the pandemic.
- 4. Residents are struggling with mental health problems.** 1 in 8 adults in Torbay have depression, and we have a high rate of people who require long-term support for mental health problems. We have high rates of suicide, and self-harm, particularly among young adults. People with caring responsibilities are also at higher risk of mental health issues.
- 5. Children and young people experience increasing challenges.** The rate of cared for children in Torbay is amongst the highest in England and many children and families require extra support. Around 1 in 6 children live in low-income households, above the England average. We also face challenges around children and young peoples' physical and mental health, including high rates of overweight and obesity, high rates of tooth decay and high rates of self-harm in children and young people.
- 6. Poor housing and homelessness are consistent problems.** Living in poor housing has a negative effect on both physical and mental health. 1 in 3 people in Torbay live in housing which is in poor condition, without central heating or overcrowded. Many people in Torbay struggle to pay their energy bills and may rent poor quality housing that is colder and more prone to damp. This has an impact on people's health and wellbeing. Houses in the South West of England are expensive, and housing in Torbay is on average less affordable than in the rest of England. There is also an increasing number of rough sleepers in Torbay, and many homeless households living in emergency accommodation or staying with friends and family.
- 7. Economic health and individual health and wellbeing are inextricably linked.** Employment is a key challenge in coastal communities and has multiple impacts on health. Analysis for the Health in Coastal Communities report shows that the unemployment and part-time employment rate is higher in coastal towns. COVID-19 has had a significant impact on unemployment rates in coastal communities, partly due to a higher reliance on tourism.⁷ The Levelling Up White Paper similarly focuses on the connections between jobs, housing, education, health and wellbeing.⁸ We cannot tackle any one of these in isolation.

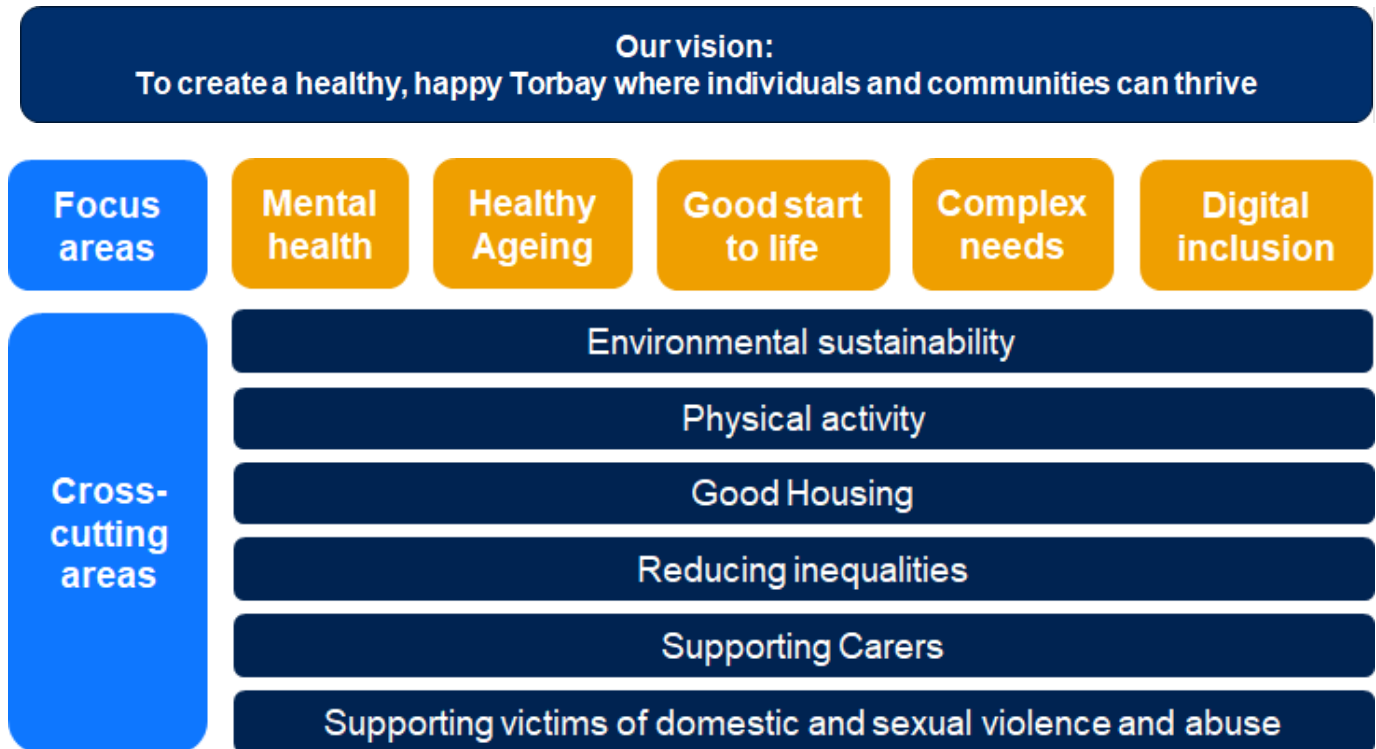
⁷ Chief Medical Officer's Annual Report 2021, Health in Coastal Communities, Available at: [Chief Medical Officer's annual report 2021: health in coastal communities - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/97421/cmo-annual-report-2021-health-in-coastal-communities)

⁸ [Levelling up in the United Kingdom White Paper](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/97421/levelling-up-white-paper) (HM Government) February 2022 [Levelling Up the United Kingdom \(publishing.service.gov.uk\)](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/97421/levelling-up-white-paper)

The Strategy in summary

The Joint Health and Wellbeing Strategy lays out the plan to improve the health and wellbeing of the population in Torbay between 2022 – 2026. Five focus areas and six cross cutting areas identify priorities for collective system action over the next four years.

The Health and Wellbeing Board has selected priority areas that relate to all aspects of health and wellbeing, without duplicating existing work or losing focus by spreading efforts too widely.



The Joint Health and Wellbeing Strategy provides a framework for the Health and Wellbeing Board to promote and monitor progress in the areas identified to be most important. It also provides a direction for the commissioning of services in other areas, and identifies medium and long-term goals. The goals outlined in the following sections of the strategy will provide a basis for the Health and Wellbeing Board to monitor progress on each priority area.

Our Objectives and Priorities

Priority 1 Good mental health

Why is this a priority?

Before the pandemic, Torbay residents generally reported positive wellbeing however almost one in four said they had high anxiety levels and one in five reported having a common mental disorder. Self-harm and suicide rates were significantly higher than the national average.

Since the start of the pandemic the situation has worsened. People now experience higher levels of anxiety and depression and people with an existing mental health diagnosis feel that their condition is worse. The pandemic led to people losing their jobs, debt, and them not being able to see friends and family, which has had an impact on people's mental health and ability to cope. Levels of domestic abuse also increased, particularly during lockdowns.

Mental health problems also affect our children and young people. We have many children needing social, emotional, and mental health support and levels of self-harm among children and young people are high. Torbay has the second highest number of referrals to social care services in the region and the highest rates of cared for children. We also have a high number of young carers affected by an adult's mental health, or whose own mental health is affected by their caring role.

While there are many examples of excellent community partnerships supporting mental health, pausing or cancellation of services during the pandemic has contributed to some people not getting the help they need in a timely manner, which also impacted on their family and carers.

For all partners across Torbay, supporting the mental health of our staff, clients, patients, students, and communities is critically important. It is a time of real need, but also a time of real opportunity. COVID-19 has sharpened our understanding of our mental wellbeing. It has never been more evident that 'mental health is everyone's business'. Without good mental health, communities suffer. With good mental health, we all thrive.

What are our goals?

Torbay Mental Health and Suicide Prevention Alliance has agreed a number of goals that we will work towards in collaboration with partners across the system.

Every individual, child and family will:

- Receive person-centred support
- Receive the right level of support at the right time for them
- Be resilient and feel able to look after their mental health
- Feel safe and protected
- Have mental health issues identified and addressed early

We will all live in communities that:

- Empower us to talk about our mental health and wellbeing
- Nurture our mental health and wellbeing
- Connect us to friends, family and services
- Enable us to have a stable home, fulfilling employment and financial stability

To make this happen we will:

- Ensure mental health and wellbeing and suicide prevention remain a priority for strategic partners across Torbay and achievement of outcomes via the Health and Wellbeing Board
- Undertake a collaborative needs assessment into mental health and wellbeing, suicide and self-harm
- Drive continuous improvement in Children and Young People's mental health outcomes through partnership working with families and communities.
- Implement the Torbay suicide and self-harm prevention plan with the aim of stabilising and reducing rates of suicide and self-harm across the Bay
- Incorporate mental health and wellbeing into the Multiple Complex Needs alliance from 2022
- Support the creation of mental health promoting communities through community development, training, safe spaces and peer support
- Promote and support workplace wellbeing in Torbay
- Promote approaches which tackle physical and mental wellbeing together especially the use of physical activity and green spaces to improve wider health and wellbeing
- Work with partners in the Community and Voluntary Sector and Health to ensure that community assets are in place and people are accessing them via a codesigned 'front door' to Adult Social Care.

Priority 2 A good start to life

Why is this a priority

Getting a good start in life and throughout childhood, building resilience and getting maximum benefit from education are important markers for good health and wellbeing throughout life. The importance of supporting children in their early years and through adolescence has been widely recognised by the World Health Organisation's Global Strategy for Women's, Children's and Adolescents' Health, the UNICEF Baby Friendly Initiative, and is part of the NHS Long Term Plan. The Levelling Up White Paper highlights the impact of education and skills, health and wellbeing, on the economic life and opportunity of the whole community. Offering support to all children, adolescents and their families, as well as focussing on those who need help the most, reduces inequalities and improves health outcomes⁹.

What are our goals?

- Ensuring families have access to the services they need
 - Seamless support for families: a joined up Start for Life offer available to all families.
 - A welcoming hub for families: Family Hubs as a place for families to access Start for Life services.
 - The information families need when they need it: designing online, in-person and telephone offers around the needs of the family.
- Ensuring the Start for Life system works together to give families the support they need
 - An empowered Start for Life workforce: developing a skilled workforce to meet the changing needs of families.

⁹ PHE (2018), *Best start in life and beyond: Improving public health outcomes for children, young people and families. Commissioning Guide 1: Background information on commissioning and service model*

- Continually improving the Start for Life offer: improving data, evaluation, outcomes and proportionate inspection.
- Leadership for change: ensuring local and national accountability and building the economic case¹⁰

To make this happen we will:

We will work across four main areas to improve outcomes for children and families.

- Shift resources to sustain preventative early help services and expand our offer so that it covers the time from before birth up to the age of 25.
- Commission services jointly with the Clinical Commissioning Group and the Integrated Care System to ensure emotional health and wellbeing is prioritised by all partners.
- Improve our data collection and presentation, mapping inequalities and moving to monthly data flows. Outcomes will be regularly reported to the Health and Wellbeing Board.
- Implement the recommendations from the joint area inspection of Special educational needs and disabilities (SEND).

Priority 3 Supporting people with complex needs

Why is this a priority

People with multiple and complex needs often experience two or more problems such as homelessness, substance misuse, domestic abuse and mental ill-health at the same time and sometimes have contact with the criminal justice system. People whose lives are complex have historically either fallen through the gaps between services, so have been disconnected from the help and support that would make a difference to them or have found that when they have engaged with specific services, who have not been able to respond to their holistic needs. This problem has been made worse by a lack of available services or services not working well together. This results in many people with multiple, complex needs circulating through different services and systems without improvement in their lives but at a cost to them, their families, and the community.

What are our goals?

- We will improve the experiences and outcomes of people with complex problems in Torbay using a different approach to the way in which support is structured, delivered, and commissioned. Support offers will be not only aware of, but also responsive to, people's needs, wishes and aspirations in their lives.

To make this happen we will:

- Commission a Multiple Complex Needs Alliance in 2022, with this becoming operational in 2023. This Alliance will deliver an integrated support offer for people who experience homelessness, substance misuse problems and domestic violence
- Develop a mental health offer as part of the Alliance delivery model.
- Introduce and develop trauma informed approaches across the system.
- Review our housing and support requirements to allow access to suitable accommodation.
- Work with the Innovation Unit to develop a Torbay-wide, shared understanding and definition of complexity; agree shared priority areas; and agree how to work together

¹⁰ Department of Health and Social Care (2021) *The best start for life: a vision for the 1,001 critical days*

- Establishing a Health and Wellbeing sub-group group to oversee and support the implementation of the partnership work that comes from the Torbay Innovation Unit workshops.

Priority 4 Healthy ageing

Why is this a priority

Torbay's population includes an increasing number of people aged 50 and over with lived experience of health and wellbeing challenges. The need for health and care services is estimated to increase substantially in the future. Torbay needs health and support services that maintain the health and independence of people in the community and take older citizens' health and care needs and preferences into account.

Physical and mental wellbeing are closely connected and any programme to support healthy ageing needs to promote both together.

There is also a need to understand and to tackle older people's experiences of social isolation, discrimination and exclusion.

We need to work together with people of all ages to overcome these complex challenges and see this as an opportunity for engagement and learning about health and wellbeing for us all, right across the life course.

What are our goals?

Every individual:

- Understands the ageing process and is aware of ways for preventing and living with disease
- Is better informed about dying well as well as living well
- Has the opportunity to optimise brain ability and reduce the risk of dementia
- Is able to improve physical fitness and reduce their risk of injury from falling or from frailty
- Is respected for their life experiences; their abilities, choices and ambitions are acknowledged and supported
- Is treated with dignity in all healthcare services
- Is able to choose the level of support that will enable them to live independent and socially connected lives

To make this happen we will

- Challenge how people think about ageing, so that we all see ageing as a positive part of life and each stage as an opportunity for new, positive experiences
- Adopt a whole community approach inclusive of all ages and cultures in our work, and require the same of our partners
- Ensure health and care services are shaped by people with lived experience and from diverse backgrounds
- Enable trusted relationships that fully support peoples' wellbeing and that of their carers
- Promote services that are accessible, inclusive, and based on good evidence
- Ensure support is targeted at prevention and is determined by need, not age
- Actively challenge discrimination
- Ensure that when care is needed it is accessible, compassionate and of high quality
- Enable the development of communities that support safe, healthy, active, independent, and socially connected intergenerational living
- Develop housing provision that is suitable and adaptable for people as they age, promoting independent living.

Priority 5 Digital inclusion & access

Why is this a priority?

Digital technology and communication have transformed almost every aspect of people's lives and has become central to how society works. Being connected became more important during the Covid-19 pandemic when digital became people's default way of keeping socially connected, accessing services, and maintaining cultural connections. At the same time, this shift highlighted how a lack of digital skills and access can negatively impact on a person's life. A person may struggle to access key services and may lose their voice and visibility in society.

Those who are digitally excluded often experience other disadvantages such as low-quality housing, lower educational achievement, social isolation, low income, and unemployment. Unsurprisingly, there is a link between digital exclusion, poor health outcomes and lower life expectancy. Given that many of those who are digitally excluded are high users for health and social care provisions, we need to ensure that people are either supported to engage with services digitally, or that people are offered in-person or telephone services.

The Levelling Up White Paper highlights how the pandemic demonstrated the importance of digital connections right across society, from ensuring business continuity to reducing social isolation, and sets out action required at national and local level to promote digital access and skills.

Any digital service offer must be designed to be as accessible and intuitive as possible to both access and use. User experience must be optimal so that the opportunities of digital health and social care can be fully realised.

What are our goals?

- Enable people to become digitally included by facilitating access to internet-enabled devices that meet people's needs.
- Support people to improve their digital literacy.
- Increase the use of digital health and social care opportunities to realise the benefits for the individual as well as Torbay's health and care system.
- Increase the opportunities for the utilisation of digital health and care and optimising accessibility.

To make this happen we will:

- Support the growth of a cross-sectoral Digital Inclusion Group to enable digital inclusion within Torbay.
- Support people to get online and use digital health and care resources.
- Incorporate digital inclusion and accessibility in the organisational strategic planning of the NHS and Torbay Council.

Cross cutting areas

As well as our focus areas, we have identified six areas that cut across and should inform all of our work.

Environmental sustainability

Why is this a cross cutting area?

Climate change is a public health emergency. As the global climate warms at an increasing rate, we see the effects of climate change being experienced by Torbay's health and social care system. In the future, we will see more extreme weather events like heat waves and flooding, and warmer, wetter winters leading to mould in homes. Without radically reducing our carbon emissions and adapting to the changes we cannot prevent, these impacts are forecast to significantly worsen. While these changes will impact on everyone in Torbay, they will hit the most vulnerable and disadvantaged in society hardest.

Torbay is well placed to become a leader and influencer of action against climate change. Torbay Council has a target to become carbon neutral by 2030 and the NHS, generally, has a target to reach net zero carbon emissions by 2040. Key actions in Torbay are counting our carbon emissions, reducing direct emissions from our estates, our fleet of vehicles, sustainable decision-making in procurement of services and changing the way our workforces commute and operate.

The actions required to cut carbon emissions and adapt to climate change have significant co-benefits for health, such as increasing active travel, insulating homes, and ensuring our health and care services are resilient to extreme weather events.

Torbay is developing a climate partnership to help all stakeholders work together better. Engagement from health sector partners is crucial to further mobilise action, assist each other in doing more and deliver a carbon neutral future for Torbay whilst becoming more resilient to a changing climate.

Asks from other service areas:

- Include environmental sustainability as a key element in all policies
- Make environmental sustainability a factor in decision making in all new policies and procurement contracts. Potential contractors should highlight the actions they will take to cut carbon emissions in their service delivery and work towards providing sustainable services.

Physical activity

Why is this a cross-cutting area?

Physical activity has a significant role to play both in physical health and in maintaining and improving mental health and wellbeing.

Physical activity is also a key driver in helping to address the national and local obesity crisis. In Torbay many people are overweight or obese - 60% of the adults and 35% of school-aged children.

Physical inactivity remains an issue of concern in Torbay - one in five adults and one in four young people are not doing the recommended 30 minutes of physical activity per day. People

from lower-income families are most affected, with lower rates of physical activity and higher rates of obesity and overweight.

Increasing physical activity in Torbay will not only increase wellbeing, but also reduce demand for local health and care services, and there is still more work to be done.

Ask from other service areas

- Explore how physical activity can be included into your area of work/service
- Work with us to produce our Torbay on the Move Strategy to ensure that our vision for physical activity is a collective vision across the Council and our Community
- Share insight and intelligence so our Strategy is well-informed

Good housing

Why is this a cross-cutting area?

Where we live has a big impact on our health. A house is more than a roof over our heads – it is what we call home, it is where we grow up and socialise. One in five homes in the UK do not meet decent housing standards. In Torbay, that figure is even higher with one in three people living in poor housing conditions. Fuel poverty, damp, overcrowding and homelessness are major challenges we face. While exact numbers for Torbay are not available, the COVID-19 pandemic is likely to have exacerbated the situation, with South West housing prices rising sharply during the pandemic and the most deprived parts of the population having been hit the hardest by the economic impacts of the pandemic. Wetter winters due to climate change will exacerbate this problem even further, with increased mould growth adding to the problem in the coming decade.

The Levelling Up White Paper highlights poor quality housing, overcrowding, and an over-reliance on temporary accommodation for vulnerable families as a key contributor to poor health and quality of life, and a key priority for action at national and local level.

Partnership working across the system will be required to tackle this problem. We can gain a lot through offering safe, healthy housing. Good housing contributes to health and wellbeing and helps keep people healthy. Every £1 invested delivers nearly £2 of benefit through costs avoided to public services including care, health and crime costs.

Ask from other service areas

- Participate in a system wide approach to housing including homeless prevention, quality of accommodation, and availability of affordable accommodation
- Work in partnership with other agencies to identify and prevent homelessness in those accessing your service

Reducing inequalities

Why is this a cross-cutting area?

Health inequalities describe differences in the opportunities that people have to lead healthy lives. Health inequalities do not only exist in life expectancy, but also in access to and availability of care, behaviours that impact health and social determinants of health such as housing. Due to the impact of inequalities on health outcomes, reducing inequalities is an important goal in the NHS Long Term Plan, and should be a key aim of any public health policy in Torbay.

In Torbay, we have very affluent areas, but also quite deprived areas that struggle with poor housing, poverty, insecure jobs, low wages. Inequalities have also worsened during the pandemic, meaning that this is now more important than ever.

Ask from other service areas

- Every time a service changes a quality and equality impact assessment should be completed
- All employees should be trained to recognise the needs of minority and ethnic groups
- Introduce a Rural Proofing for Health Toolkit into the service delivery of local health and care systems
- Ensure that digital care pathways are developed in ways which increase inclusion

Supporting carers

Why is this a cross-cutting area?

One in eight people in Torbay cares for a friend or family member who cannot manage without them, due to a health or age-related condition, disability, drug/alcohol or mental health concern has caring responsibilities. Caring can have a significant impact on people's mental and physical health - three quarters of carers report that caring impacts their mental health and more than half report caring is impacting their physical health. Loneliness and social isolation are also key concerns for carers. Many working-age Carers either reduce their hours, give up work due to caring or find it difficult returning to the job market after caring, thus impacting on the local economy as well as their family's financial situation.

There is a wide range of support available for carers of all ages, however a major challenge is identifying people with caring responsibilities as many people do not self-identify as carers and therefore do not access help and support. Young Carers are often bullied, impacting their mental health and wellbeing as well as their academic attendance and attainment¹¹.

Caring, with its impact on someone's, health, wellbeing and finances, is a key factor determining how healthy we are¹².

Asks from other service areas

- All of Torbay's health and social care organisations formally sign up to the Devon-wide Commitment to Carers
- Proactively identify Carers, including Young Carers and Carers in the workforce, through incorporating questions about caring responsibilities on existing proformas and processes in services across the system so that Carers can be linked in with existing support programs
- Report the number of Carers from above on a quarterly basis to the Carers Strategy Steering Group.
- Set targets for identifying carers for health and care services.
- For all other Torbay organisations to become 'Carer-friendly' by working with Carers Services to become 'Carer-friendly Employers' or offering support / discounts etc as part of 'Carer Friendly Torbay'

¹¹ [Carers update Appendix 3.pdf \(torbay.gov.uk\)](#)

¹² <https://www.gov.uk/government/publications/caring-for-a-social-determinant-of-health-review-of-evidence>

Increasing awareness & identification of domestic & sexual violence & abuse

Why is this a cross cutting area?

Domestic abuse and sexual violence refers to any controlling, coercive, threatening or degrading and violent behaviour. Domestic abuse and sexual violence are very common problems which have worsened during the pandemic, when people spent more time at home. People have often felt unsafe isolating in a house with an abusive person, and isolated from their support networks.

Asks from other services

- Provide training on domestic abuse and sexual violence for all health and care services in Torbay and use a trauma-informed approach in all services¹³
- Increase the offer and confidence within communities to respond to domestic abuse and sexual violence that builds community capacity and encourages a thriving, high quality voluntary sector.
- Continue to work across the partnership and communities so that the longer-term impact of abuse is understood and strive to provide longer term capacity where there may still be difficulties (such as financial hardship, issues over child contact, insecure immigration status).
- Support those who have experienced domestic abuse and sexual violence to become actively involved in the agenda at a time that is right for them.

¹³ [Covid-19: Safety and support resources - Womens Aid](#)

How the strategy was developed

Torbay's Joint Health and Wellbeing strategy is led by the Torbay Health and Wellbeing Board; the strategy development was coordinated by the Public Health team. Work priorities were decided by the Council and partners in two workshops, and outcomes to improve health and wellbeing and reduce inequalities in Torbay were agreed. The strategy builds on the Torbay Local Plan¹⁴ and the Joint Strategic Needs Assessment¹⁵, as well as workplans and strategic documents of the different working groups within the Council. The strategy was refined through public consultation April - May 2022. Key stakeholders have been engaged throughout the process.

How we will ensure delivery

The goals and actions laid out in Torbay's Health and Wellbeing strategy will be delivered by Torbay Council, constituent members of the Joint Health and Wellbeing Board and partners, in accordance with the table below.

The Health and Wellbeing Board has agreed 'areas of focus', 'areas to sponsor' and 'areas to watch'. Areas of focus match the focus areas of the Strategy. These are where the Board will take a more active direction and oversight of delivery. Areas to sponsor and watch are the underpinning areas where the Board is not the lead for delivery but requires assurance from partners that progress is on track.

For each area of focus there is a lead strategic group who will oversee delivery. There will also be an annual delivery plan sitting beneath the Strategy, defining actions year on year.

Focus area	Delivery led by
Mental Health	Torbay Mental Health and Suicide Prevention alliance
Healthy ageing	Torbay Living Longer Better Programme working with the Frailty and Healthy Ageing Partnership, Ageing Well, and the Torbay Assembly
Good start to life	Torbay Children's Improvement Board, Torbay Safeguarding Board
Complex needs	Multiple Complex Needs Strategic Development Programme
Digital inclusion	Torbay Digital Inclusion Programme Board

¹⁴ [Local Plan 2012-2030 - Torbay Council](#)

¹⁵ https://www.torbay.gov.uk/DemocraticServices/documents/s99114/JSNA_Landscape_Final.pdf#:~:text=JSNA 2020 Background A Joint Strategic Needs Assessment Community The JSNA helps local leaders to work

Underpinning area	Delivery led by
Environmental sustainability	Torbay Climate Partnership Devon Climate Emergency Response Group
Physical activity	Torbay on the Move, Torbay Council Physical Activity strategy
Good housing	Torbay Strategic Housing Board, linking to Devon housing partnership
Reducing inequalities	Devon Integrated Care System health inequalities workstream
Supporting Carers	Torbay Carers' Partnership
Supporting victims of domestic and sexual violence and abuse	Domestic and sexual violence and abuse workstream, Safeguarding Boards, Early Help

How we will measure success

To ensure we achieve our aims in the agreed priority areas, an outcomes framework sets out the indicators and measures against which progress will be measured. Progress reports will be presented at the quarterly Health and Wellbeing Board meetings. In addition to this, the Health and Wellbeing Board will hold a spotlight session on each work area to examine progress in more detail through the year.

Title: Torbay Joint Health and Wellbeing Strategy 2018-22 - Outturn

Wards Affected: All

To: Health and Wellbeing Board **On:** 9 June 2022

Contact: Julia Chisnell
Email: Julia.Chisnell@Torbay.gov.uk

1. Purpose

To receive a summary report on activity and progress relating to the 2018-22 Joint Health and Wellbeing Strategy

2. Recommendation

Members are asked to note the report.

3. Supporting Information

A report on the activities and progress against the priorities of the 2018-22 Joint Health and Wellbeing Strategy is set out below.

There are clear links through to our priorities in the new Joint Health and Wellbeing Strategy 2022-26, which seek to build further on the work that has been done so far to promote health, reduce inequalities, and improve wellbeing across Torbay.

Promoting good health and wellbeing and preventing illness

The healthy lifestyles service has developed their support offer, improving the accessibility of provision particularly through a digital offer. Social prescribers have become a well embedded, and highly valued, resource within Torbay, who connect patients into community support. The expansion of the HOPE programme (Helping Overcome Problems Effectively) and rollout of MECC (Make Every Contact Count) have increased resilience within the community as well as the capability of people to self-manage effectively.

There have been ongoing opportunities for community groups to access funding through a range of community grants, with some additional funding becoming available as a response to the COVID-19 pandemic. The pandemic has focused attention and resource on infection control across the Bay, particularly in the domestic and residential care sectors.

Creating places where people can live healthy and happy lives

A partnership between Torbay Council and Active Devon afforded the opportunity to undertake an Appreciative Inquiry into physical activity across Torbay under the 'Torbay on the Move' banner. Run for Your Life saw 28 Primary Schools take on the Golden Mile Challenge in the summer of 2018 and then again in the Summer of 2019. The new Torbay on the Move work will see Run for Your Life introduced back into the schools for the summer of 2023.

The Family, Fun and Food Project was designed to combat holiday hunger through the provision of nutritious meals for families at risk of food poverty. The project combined family based physical and craft activity delivered during the summer holidays at three pilot schools in Torquay. Best practice within the 0-19 integrated framework included support to ensure families did not introduce solids before six months as well as a broader infant feeding pathway.

Smokefree Devon, a collaborative alliance bringing Torbay and Devon County Councils, was created in 2018. The Alliance meets twice a year and has an action plan to meet its objectives of supporting Smokefree organisations, reducing inequalities around smoking behaviour and protecting children and young people from tobacco.

The Housing Strategy Action Plan is progressing with this plan having been updated and broadened and having dedicated resource in place to drive delivery.

Enabling children to have the best start in life

The 0-19 partnership was established in 2019 between three well-established providers in Torbay. Significant progress has been made in delivering an integrated service for children, young people and families in Torbay, providing the right service at the right time. The next steps are to continue to work with our partners in Social Care, Public Health, the NHS and Voluntary Sector to integrate children and young people's system-wide outcomes to measure overall improvements in health and wellbeing in children, over their life course.

Significant improvements have been made in children's services, with the latest Ofsted inspection in 2022 rating Torbay Children's Services as 'good', delivering positive outcomes for children, families and young people in Torbay. Considerable work has been undertaken, in partnership with local communities and partners, to develop the early help offer across the Bay.

Support people at risk of harm and living complex lives

Significant work has been done on the redesign of services and the procurement of an Alliance that will provide a more integrated response that better meets the needs of people who experience homelessness, substance misuse problems and domestic abuse. This Alliance will become operational in 2023.

The Transforming Care Partnership has been established across the wider Devon footprint to benefit those with care needs.

Enabling people to age well

Ageing Well Torbay ran from 2015-2020, with continuing activities until this year. The collaborative programme, hosted by Torbay Community Development Trust with partners including Age UK, Torbay Together, Healthwatch, Step One, FAIR, and the Torbay Assembly, made some significant changes in the landscape across Torbay and had a positive and lasting impact the lives of many local people, families and communities. The evaluation report highlights changes in social contact and participation, community cohesion, loneliness, mental and physical wellbeing, perceptions of ageing, influence on decision making, access to health and care services, and sense of value and purpose.

This work is being maintained through the Live Longer Better programme, the continuing work of the Assembly, and the Torbay and South Devon Frailty and Healthy Ageing Partnership, the latter focusing on improvements in outcomes from identification of symptoms of what is traditionally termed 'frailty' through to high quality end of life care.

The pandemic has had a detrimental impact on health and wellbeing, resulting in physical deconditioning and increased loneliness. All partners have been working to tackle the health deficit by getting support and services back on track and encourage people to be active and connect with others.

Promoting good mental health

Partnership working and collaborative approaches to improving mental health and wellbeing have been galvanised since the pandemic. This includes establishment of the Torbay Mental Health and Suicide Prevention Alliance which aims to work collaboratively to promote strong and successful partnerships between organisations to ensure support across the continuum of mental health. A redesign of the Community Mental Health Framework aims to provide more holistic, person-centred, community based support for people with severe and enduring mental illness. This includes the presence of mental health multi-agency teams in local primary care networks which will work alongside the Devon CVSE Alliance to improve care and support. We have used national non-recurrent funding to think creatively and pilot initiatives on how best to respond to the mental health needs presenting in Torbay. Examples include providing an alternative mental health offer within the Torbay Community helpline which lends an ear, makes use of volunteer specialist befrienders, non-statutory clinical therapists, as well as social prescribing, to other support and services where needed. Wellbeing Coordinators have been placed in local food banks and children's centres to provide low-level mental health support and enhanced social prescribing for individuals and families. This recognises that we need to provide support where people are and account for the massive impact that deprivation and pandemic poverty is having on everyone's ability to be mentally well.

Making Every Contact Count (MECC and MECC Lite) and Connect 5 courses continue to be delivered across Torbay with 680 people trained from 2018-2022 and 11 new trainers able to deliver Connect 5 courses. We are also looking to invest in Connect 5 training that specifically supports young people. Maintaining the Five Ways to Wellbeing theme that is present in Connect 5, a month long 5 Ways to Wellbeing social media campaign was run in July 2019, targeting some of the larger

employers in Torbay. Really good engagement was noted from Torbay Council staff with a small population level improvement in wellbeing (measured via WEMWBS) found after the campaign. Key successes include using real people and real places in posters, running competitions for prizes to improve public engagement and linking 5 Ways to Wellbeing marketing to local places and events.

The Torbay Suicide and Self-harm Prevention Plan was refreshed by local multi-agency representatives in 2020/21 and was well received and encouraged by Cabinet and the Health and Wellbeing Board. Achievements this year include: i) seeing no increase in the suicide rate over the course of a year – a high priority as the rate has been increasing since 2010-12; ii) Commissioning and co-designing qualitative research to explore the drivers for self-harming in Torbay and what support has helped and hindered; iii) Providing two community funding pots with the aim of bolstering peer and online support, creating community safe spaces and better supporting people who self-harm; and iv) Training four local trainers to deliver Mental Health Community Suicide Awareness and Emotional Resilience online and face-to-face training.

Summary data indicators

Data indicators are monitored quarterly at Health and Wellbeing Board meetings, giving some sense of progress (or otherwise) in the key areas, and trend over time.

Summary trends and changes over the lifetime of the 2018-22 Strategy are set out below.

Prevention: Work together at scale to promote good health and wellbeing and prevent illness

Inequality in life expectancy: the gap in life expectancy between the most and least deprived areas has stayed about the same between 2016-18 and 2018-20 at around 11 years for males and around 8 years for females.

Premature mortality (aged under 75) by causes considered preventable: Premature mortality fluctuated between 2018 and 2020. It was significantly higher than England in 2018 and 2020 but fell in 2019.

Enable children to have the best start in life and address the inequalities in their outcomes

Smoking in pregnancy (at time of delivery): This is reducing, from 14.5% in 2017/18 to 11.0% in 2020/21.

Children in relative low income families: This has slightly increased from 16.6% in 2017/18 to 17.6% in 2019/20 but is significantly lower (better) than England. This represents low income before housing costs.

Pupils with a statement of Special Educational Needs (SEN): Between 2018 and 2021 this has been on a generally reducing trend, from 12.9% in 2018 to 11.7% in 2021.

Children in Need: The rate is on an increasing trend between 2018 and 2021 and is significantly higher than England

Children in care/looked after: In 2018 the rate was 129 per 10,000 children aged under 18 and this rose to 142 in 2019. Since then it has reduced and in 2021 is 126 per 10,000 although it remains significantly high compared with the England average.

HPV vaccinations: Vaccination coverage has reduced between 2017/18 and 2020/21, to 61.6% in 2020/21. The pandemic disrupted the school vaccination programme during the last 2 years.

Building emotional resilience in young people

School pupils with social, emotional and mental health needs: This is on a reducing trend at 4.26% in 2018 and 3.89% in 2021

Self-harm hospital admissions (aged 10-24): Rates fluctuated between 2017/18 and 2020/21 but remain significantly higher than England

Create places where people can live healthy and happy lives

Physically active adults: This reduced from 70.7% in 2017/18 to 65.2% in 2020/21 and is based on Sport England's Active Lives Adult Survey

Overweight or obese adults: The percentage has fluctuated between 2017/18 and 2020/21 but is at its lowest in 2020/21 at 59.4%

Support those who are at risk of harm and living complex lives, addressing the underlying factors that increase vulnerability

Domestic abuse crimes and incidents: Numbers have on the whole remained similar between 2017/18 and 2021/22. This will also be affected by levels of reporting and standards of police recording

Homelessness - owed a relief duty: In 2018/19 the rate was 7.2 per 1,000 households, increasing to 12.6 in 2019/20 and remaining similar for 3 years to 12.9 in 2021/22

Substance misuse treatment - Drugs & Alcohol: For drugs there is a generally reducing success rate to 3.6% in 2020. For Alcohol, in 2018 and 2019 the success rate reduced but sharply improved in 2020 at 45.1%

Alcohol related hospital admissions: These remained significantly higher than England. From 2017/18 rates rose before dropping in 2020/21. Admissions could have seen an impact from the Covid-19 pandemic

Enable people to age well

Social care users who had as much social contact as they would like:

This reduced in 2020/21 to 35.3% which is the lowest in the 4 year period. This reduction could be due to the Covid restrictions at the time

Flu vaccination: Coverage was lower for at risk individuals and the over 65s 2017/18 – 2019/20 but increased in 2020/21. Rates in 2021/22 are not yet included but are likely to be slightly reduced.

Falls aged 65+: Emergency admissions rates fluctuated between 2017/18 and 2020/21. England decreased in 2020/21 but Torbay increased

Dementia (aged 65+): The estimated diagnosis rate has decreased from 62.8% in 2018 to 59.9% in 2021. This is the percentage of people diagnosed out of the number estimated to have dementia so higher is better

Promote good mental health

Suicide: Torbay remains significantly higher than the England average in the most recent period of 2018-20. In 2016-18 the rate was 19.5 per 100,000 which was around 3 times the England rate. Since then it has decreased slightly to 18.8 per 100,000 in 2018-20

4. Relationship to Joint Strategic Needs Assessment

4.1 Priorities of the JSNA are reflected in the strategy.

5. Relationship to Joint Health and Wellbeing Strategy

5.1 This paper covers delivery of the Joint Health and Wellbeing Strategy 2018-22.

6. Implications for future iterations of the Joint Strategic Needs Assessment and/or Joint Health and Wellbeing Strategy

6.1 The 2022-26 Joint Health and Wellbeing Strategy builds from progress against 2018-22 priorities.

Appendices

None.